

Upper Darby Futbol Club

Concussion Baseline Screening Notification



Version adopted by UDFC Directors– [Date]

To ensure the health and safety of UDFC travel team players and to comply with the concussion policies of EPYSA, PAGS, DELCO, and UDFC Soccer, UDFC travel team coaches will conduct basic concussion baseline screening on all travel team players annually. The screening involves simple agility and memory assessments and will be conducted at a team practice before the start of the competition season. The screening is not a medical exam, but is based on screening practices developed by the CDC’s Sports Concussion Taskforce. The purpose of the baseline screening is to give our coaches an objective measure for comparison in the event a head injury occurs.

If a head injury occurs, the results of the baseline screening will be used in a sideline assessment of the player, by a team coach, to determine that player’s ability to return to play, in accordance with the UDFC concussion incident policy and protocol. This is not a medical diagnosis. Any player sustaining a possible concussion will be provided a written notification of the incident and required to follow up with a medical provider, trained to diagnose concussion symptoms, before being allowed to participate in physical activity with UDFC.

If you would like to have your child receive a full medical concussion baseline test, UDFC recommends you contact your child’s primary care doctor for more information on finding testing providers. The full UDFC concussion policy and incident protocol is available at www.udfcsoccer.org. Additional Concussion related resources can be accessed through these websites – Eastern PA Youth Soccer Assoc. – www.epysa.org/resources. Centers for Disease Control and Prevention – www.cdc.gov.

_____ (Please Sign and Return bottom section to your team coach) _____

I _____ the (Parent / Guardian) of _____ (Player) acknowledge receipt of the concussion baseline testing notification, and acknowledge compliance with the UDFC Concussion Policy and Concussion Incident Protocols is a pre-condition of participation in the UDFC Travel Program.

_____ (Signature) _____ (Date)